Master CVV Gurupujas, Visakhapatnam

Master KPK

Discourse 3 on 11 January 2021

(This translation does not give the complete talk. Only for personal use, might contain mistakes.)

YouTube:
https://www.youtube.com/watch?v=Ey3r_h2QDYE

We are into the 3rd discourse of this Master CVV Gurupuja celebrations. Before we get into the discourse, there is a book to be released which was written by Sri A.L.N Rao. This is a translation of the discourse given by Master EK on the topic "Trinosophia". In Sanskrit and Telugu, it is called "Trayee Vidya". Sophia means wisdom and trayee means number three. This wisdom was obtained by Master Pythagoras in India and later he taught it to his disciples in Greece and other countries. He is believed to be the reincarnation of Master Devapi who took birth to spread theosophical knowledge and ancient wisdom in the Western countries. In that discourse on Trinosophia Master EK spoke about the triple aspect of nature in different dimensions. The translation of that discourse was published as a book and today the 3rd print of that book is being released today.

Now coming to the teachings of Rishabh given in Bhagavatam. There are many teachings given here and we might not be able to complete them all in these Gurupujas. So, we will continue later as well as our objective is to understand well and practice and not to just read it away. He tells how one can release oneself from the Linga Sareera and also Kama Sareera (desire body). For this we are mainly asked to concentrate on our duties instead of going after desires. Also, we are told to see the Divine in all. One should look for things in which one is stuck in and then try to see the Divine in those things because that causes a release. There are people who are stuck by trying to own people and things. If you think someone is "my person" or is very close to you and that person does not behave as you expect, you are disturbed. When he does not listen to what you say, then you are disturbed. It is the mind causing you a lot of trouble. It always wants things to happen as it expects and if they do not happen so, it is disturbed. It never wants to give benefit of

doubt to the other person. It does not care about the problems of the other person. It just wants the other person to behave as expected. It has opinions on everyone and based on them, there are a lot of expectations. If the expectations are not met, then it is disturbed or agitated. All these opinions contribute to the growth of Linga Sareera and more the opinions, more one is bound by this body. These opinions even prevent you from discharging your duties properly.

Rishabh gave certain parameters to check whether one is in the right direction towards destroying one's Linga Sareera. We were discussing about them in the morning. First one among them is regular review as to what we are doing to progress in the path of liberation. Whatever practice we do should not be casual but with the right intent. Otherwise, there will be no progress. If you do practices to gain the recognition of others, there is no use. It leads to no progress because the intent itself is wrong. Your spiritual practices need not be publicized to others. That is between you and the Divine. Why should you tell others what practices you do and why will they be interested? Same thing with activities of goodwill. Why should they be publicised? Do you tell everything that you do to others? Then why do you want to tell only about the activities of goodwill you do. The only reason being your wanting their recognition. We are doing these things for our own betterment. If the intent is something else, then the objective is never fulfilled. Do not think of telling what you do to others unless you are asked. It leads to pride which prevents you from remaining in the path or deviates you from the path. So, you need to question yourself to see whether what you are doing is enabling you progress in the path. If you are stuck somewhere, you should do what is to be done to come out of that bondage.

Next is to recollect the Divine within and without. Recollect that the Divine is the one responsible for your pulsation and respiration. It is the Divine itself present as our pulsation. If you relate to the Divine through pulsation, your burden in life is reduced. Every morning start your day by relating to pulsation instead of directly jumping to mental activity. If you directly jump into mental activity after waking up, it is like going to the office immediately after you wake up from sleep. When I started my practice as a chartered accountant, people came with different financial issues for which I had to give solutions. After going home back from office, these issues used to remain in my mind until I slept. So, in a way, I remained in the office even after going home. I felt that something needed to be done and so I started reading Bhagavatam after dinner until I went into sleep. Gradually the office related thoughts stopped coming to mind after I was home. So, with the help of Bhagavatam, I could get a cut off from the world. Anything scripture or wisdom related to the Divine can enable this cut off from the world. Let that be a part of your routine before you go into sleep. Then there is also a chance that you get into higher planes. And you can easily recollect the Divine when you wake up the next morning.

Rishabh also tells, "Do not do anything with a motive that it gives you comfort." Do it only if it is your duty. Do not do anything just because it gives you comfort. When Rama was asked not to go to the forest to fulfil his father's word as he cannot lead a comfortable life there, he said, "My duty is to keep up my father's word and nothing else matters." It is the below average people who look out for comfort in everything. Knowers do not look for comfort. For them discharging the duty itself is comfort. So, give priority to duty over comfort at any time. And do not look for special aspects in anything. Lord Maitreya says, "To be a commoner among the commons is our way." So, we don't try to be special. There are no special uniforms for members in our groups. There are no special brow marks for us. Master EK was a vaishnavaite which means their family are devotees of Vishnu and they wear a special brow mark but Master EK did not wear any such special brow marks. He wore clothes with which he was comfortable. He always wanted to look common.

Rishabh says that we should try to remain beyond the dualities in nature. We discussed this aspect in the previous discourse in detail. We should not get into likes & dislikes, profit & loss and comfort & discomfort. Then there are dual aspects in nature like hot weather and cold weather. People complain about both. They are natural and they do not change just because you crib about them. Then why to even complain instead of just accepting the dualities in nature?

Rishabh says, "Do not hurt others in any plane of existence." So, it includes plants, animals, five elements, devas, etc. Even if someone in the higher plane hurts someone there, they have to come back to the lower planes for one or two lives as a consequence. We even have stories like that given in the Puranas.

Rishabh says, "Whatever you learn, relate to the Divine in that knowledge instead of looking out for what you get by learning." There are people who think, "Since I have spent so much money to gain this degree, how much can I earn back using it?" Such ones cannot even gain proper knowledge and they simply forget things once the degree is complete. Their abilities are also poor and hence they cannot discharge the related duties properly. As I said earlier, there are members in WTT who keep working without expecting anything. Their abilities kept growing and they work even better than earlier. That is how knowledge and abilities grow. Same applies to wealth. Wealth automatically comes to those who work. If you work for the sake of accumulating wealth, it won't work. Even if it comes, it won't stay for long. Wealth does not come if you want it or seek it. Wealth is linked to the work you do. It also depends on the quality and intent behind your work. It also depends on your past karma. That is how the law in nature works. So, Rishabh is repeating this point that one should work without looking for any result and without any motives.

Rishabh says, "Do not keep seeking things." Remember that nature brings you things you need. What you are due to receive will anyway come to you whether you ask for it or not. Not everyone gets everything. Accept whatever is given to you as grace of the Divine. Do not keep seeking only to feel disappointed when you do not get what you sought. What you get and what you do not get depends mostly on what you did in the past. So, instead of worrying whether you will get something or not, accept whatever is given and do not think of what you do not get. It is also how medicines also work. For some, the medicine works immediately, for some it takes some time to work and for some, it never works. So, we have to understand that not everything depends on the medicine. It also depends on the part of the patient and even the past of the doctor. So, what is to happen depends on many factors most of which are unknown to us. Sometimes what we seek might come but with unexpected consequences. The things that you bring to your house affect your present and future because each item, person, house or place has its own energy system and its own vibration. It brings its own good luck or bad luck to the house. People are hardly aware of these aspects. In the past, we used to have the tradition of offering any new object to the deity in the house before it is used. This is to neutralize any unwanted effect that it might have on the persons in the house. So, seeking things out of ignorance might cause you lot of problems and you later feel why was it even sought.

Rishabh further says, "Do take part in Divine related activities even without invitation." For normal activities, we should not interfere in anyone's work without being invited. If two people are conversing and you are standing near them, do not interfere in their conversation even though you have knowledge related to the conversation. However, this changes when it is an activity related to the Divine. You can proactively volunteer in such activities without being invited. If you are organizing such an event and someone offers to volunteer, you should immediately allow them to take up any work they can.

Rishabh says, "Keep looking at the all-permeating Divine in all the events that happen around you." You may be in the market, you may be in a movie theatre, you may be in a mall, in all these places you can relate to the Divine. If you are prepared to see, the Divine is available anywhere. Place and time do not

matter. Then one can adjust to any situation as required without having a feeling it is not spiritual. Such a one is a true yogi. When you are put in an unknown situation, then you should think, “I will see whatever the Divine wishes to show me.” Let there be no expectations as to what should happen. Then you are not affected, whatever happens.

We will continue with the teachings of Rishabh tomorrow.

-Swasthi